

STRESSNIL

Natural Cortisol Regulator



Side Effect Free Stress Relief

HEALTH BENEFITS*

Immediate support for cortisol hormone, Cortisol and Adrenal Neurotransmitter Support, Licorice Root offers strong, immediate support for cortisol hormone.

MAIN PRODUCT FEATURES

StressNil is a combination of traditionally proven herbs that supports energy levels and overall well-being.

- **Ashwagandha** or *Withania somnifera* is an Indian herbal plant, and a powerful adaptogenic herb. It contains alkaloids, withanolides, withaferin, and saponins. Ashwagandha is used as a general tonic and Adaptogen, providing mood support. In addition, Ashwagandha has been shown to support overall well-being.
- **Licorice Root:** Licorice contains a powerful compound called glycyrrhizic acid. It's this acid that stops the body from breaking down cortisol.

SUGGESTED USE

Take 1-2 Capsules 2 times daily with meals

LIKELY USERS

People who have a stressful life, having long hours of work, feeling low in the evening and sleeplessness.



KEY INGREDIENT(S)

Ashwagandha (root), Amla, Licorice (root), Long pepper (fruit), Pepper (fruit), Antioxidants & Anti stress vitamins.

OTHER IMPORTANT ISSUES

Cortisol is the 'stress hormone' made by the adrenal glands and released when the body is under mental and physical pressure. Low levels of cortisol are associated with adrenal fatigue syndrome, and can lead to feelings of tiredness, mood swings and poor immune function.

Ashwagandha is popularly known as Indian Ginseng and is found in the drier parts of sub-tropical India. It is extensively used in Ayurveda, the traditional health care system in India.

* These Statements have not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, Treat, Cure or prevent any disease.